Academic & Student Affairs

The Division of Academic & Student Affairs seeks to enhance the academic mission of the University by promoting a vast array of educational, social, and cultural opportunities and programs. We believe that a student's education takes place both inside and outside the classroom. We aim to provide an environment that supports the growth and development of our students by catering to their social, intellectual, emotional, and spiritual needs. From orientation to job interview skills, volunteer opportunities to multicultural programs, health promotion to residential life, the Division Academic & Student Affairs is here to help students make the most of their university experience.

CAMPUS LIFE

The Department of Campus Life provides a variety of programs and services to students and the University community. Student's academic learning and success is enhanced through their active participation in the cocurricular opportunities offered in areas of leadership development, communication and organizational skills, service, event planning and evaluation techniques. Campus Life collaborates with other departments to coordinate programs and events.

The Department of Campus Life includes the Student Government Association, Black Student Union, Council for Student Organizations (MMC), Student Organizations Council (BBC), Student Programming Council, Sorority and Fraternity Life, Multifaith Council, Homecoming Council, and Panther Power (BBC).

Location: GC 2240, Modesto A. Maidique Campus, (305) 348-2138; WUC 141, Biscayne Bay Campus, (305) 919-5804.

CHILDREN'S CREATIVE LEARNING CENTER

Established in 1975, the Children's Creative Learning Center is an Educational Research Center for Child Development and an AdvancED accredited Early Learning School. The Center is located on the Modesto A. Maidique Campus and offers an educational preschool program for young children.

The essence of the program at the Center is built around verbal communication, enhancing the children's ability to be in touch with their different feelings and to express them verbally. Additionally, the Center's objectives for each child are the development of: selfconcept and self-reliance, independent decision making, the ability to confront and resolve problems, respect and consideration for others, social skills and interpersonal relations.

Children between the ages of $2\frac{1}{2}$ through 5 years who have achieved bathroom independence are eligible for programs housed in the CCLC Main building. Children between the ages 2 to $2\frac{1}{2}$ years who may be working toward achieving bathroom independence are eligible for the Center's Toddler program, housed in the Graham Center.

Center enrollment priority is given to children of FIU students. If you are interested in enrolling your child at the Center, it is recommended to place your child on to the waiting list as soon as you are comfortable doing so.

Please visit the CCLC building (located on the west side of campus, next to the tennis courts) to inquire about the Center programs, place your child onto the waiting list, and tour the facility. The Center's office hours are 8:30am – 5:00pm and no appointment is necessary for a tour.

For students seeking financial support for child care, the Center has been awarded the Child Care Access Means Parents in Schools (CCAMPIS) Grant from the U.S. Department of Education. Additionally, the Center participates in the Florida Voluntary Pre-Kindergarten (VPK) Program for four-year-old children, Step Up For Students Kindergarten Scholarship, and is a School Readiness Provider.

Further information about the Center's programs, hours and tuition can be found online at http://children.fiu.edu or by calling the Center office at (305) 348-2143.

FRATERNITY AND SORORITY LIFE

Fraternities and sororities contribute to the university by promoting leadership, scholarship, community service and philanthropy, social activities/brotherhood and sisterhood.

The Greek Community at FIU consists of 16 fraternities and 13 sororities. While each organization creates and manages their own activities, each is founded on similar principles of academic excellence, leadership, community service, and lifelong friendship. Joining the fraternity and sorority community provides an opportunity to gain leadership skills through involvement on and off campus and through regional and national volunteer opportunities.

Formal recruitment periods and membership intake processes are held fall or/and spring semesters, depending on the organization and council. For more information, please check our website.

Location: GC 2240, Modesto A. Maidique Campus, (305) 348-2138.

Web site: Greeks.fiu.edu.

STUDENT GOVERNMENT ASSOCIATION

The Student Government Association (SGA) is comprised of representatives from all Schools and Colleges who are elected by the student body. There is a Student Government Council at both the Biscayne Bay Campus and Modesto A. Maidique Campus. SGA is responsible for overseeing and appropriating the Activity and Service (A&S) fees paid by all students each semester. These fees fund many of the campus life events, student activities, and clubs and organizations. SGA also acts as the liaison between the students and administrative areas of the University, specifically speaking and lobbying on behalf of students.

SGA members represent the student body on University-wide committees and task forces to ensure student representation at the administrative level. SGA meets regularly and students are highly encouraged to attend meetings and become involved in all aspects of Student Government.

Location: GC 230, Modesto A. Maidique Campus, (305) 348-2121; WUC 301, Biscayne Bay Campus, (305) 919-5680.

CENTER FOR LEADERSHIP AND SERVICE

The Center for Leadership and Service (CLS) provides students with developmental and experiential opportunities that foster leadership, action, and community engagement. Through leadership education, servicelearning, civic engagement, service, and social innovation, students will become active citizens on-campus, in their respective communities, and globally. The vision of the CLS is to develop students for engagement in lifelong leading, service, and learning.

Leadership education is offered through co-curricular (non-credit) programs. Non-credit leadership development programs range from one-hour skill building workshops, to semester-based programs (Academy of Leaders), to Program on Demand workshops All of these programs are interactive and experiential in nature and are offered at a variety of times to accommodate our diverse student population. Programs are developmental in nature, so students can begin with an emerging leader program and progress to more advanced leadership training while at FIU. Consult the department web site for program descriptions and application details, <u>leadserve.fiu.edu</u>.

CLS is also the central office for service development, by offering a clearinghouse and resource center for volunteer activities, service-learning, and advocacy for social issues. Two major service projects are sponsored by CLS in the Fall and Spring semesters. Alternative Break (aB) educates students about social issues and encourages them to make a difference by participating in direct service projects in communities throughout the country and abroad. Roarthon is a student-run philanthropy dedicated to raising money for the Children's Miracle Network. Students can serve on the planning committee or participate as dancers in the overnight fundraiser that benefits the Nicklaus Children's Hospital Foundation. Relay for Life is the signature fundraising event for the American Cancer Society. A committee of FIU students organizes the 6-hour walk and thousands participate in the event to celebrate life and provide hope for those touched by this disease. By taking leadership roles in organizing and implementing these projects, students are able to practice and refine their leadership skills.

Students may also take on leadership roles by providing peer education. The LEAD Team is a group of student facilitators that promotes and supports leadership development. The LEAD Team participates as program promoters and department ambassadors, group facilitators, classroom presenters, and consultants to student organizations.

The Center for Leadership and Service is dedicated to developing the leadership capacity and cultivating active citizens to all FIU students.

Location: GC 242 Modesto A. Maidique Campus, (305) 348-6995; WUC 353, Biscayne Bay Campus, (305) 919-5360.

Web site: leadserve.fiu.edu.

MULTIFAITH COUNCIL

The Multifaith Council serves student groups involved in a variety of activities. Professional representatives from various faiths are available for personal appointments.

Individual denominations sponsor campus-wide programs including worship, study groups, social gatherings, and cultural events. Campus Ministry sponsors programs and activities that are non-denominational.

Location: GC 318, Modesto A. Maidique Campus, (305) 348-3902; Biscayne Bay Campus, (305) 919-5247.

DISABILITY RESOURCE CENTER

The American Disabilities Act (ADA) requires institutions to make reasonable accommodations in order to provide students with disabilities an equal opportunity to participate in courses, programs, services, and activities at Florida International University.

The Disability Resource Center (DRC) collaborates with students, faculty, staff, and community members to create diverse learning environments that are usable, equitable, inclusive, and sustainable. The DRC provides FIU students with disabilities the necessary support to successfully complete their education and participate in activities available to all students. Accommodations may include: note takers, extended time on assignments, adaptive equipment/technology, testing accommodations, CART services, ASL Interpreters, and readers/scribes.

For more information about our services, you may visit our website at <u>drc.fiu.edu</u>.

If you have a history or diagnosis of disability and plan to utilize academic accommodations, please contact the DRC's MMC or BBC Office using the following information. Modesto A. Maidique Campus: GC 190, (305) 348-3532; Biscayne Bay Campus: WUC 131, (305) 919-5345.

Class Attendance

If a qualified student with a disability believes it may not be possible to abide by the attendance policy due to disability related reasons, the student should contact the Disability Resource Center (DRC) at the beginning of the semester, or as soon as the need arises, to discuss the possibility of the accommodation being initiated.

The DRC may determine that a student's disability entitles the student to an adaptation of the usual course attendance policy. Adaptations of course attendance policies will be determined on an individual, case-by-case basis. Adaptations of the course attendance policy does not mean that unlimited absences will be permitted. Florida International University's Disability Resource Center attempts to make every effort to accommodate students' disability related academic needs. However, neither the university nor an individual faculty member is required to waive essential or fundamental academic requirements of a course regardless of the nature of a student's disability.

Regardless of the adaptation of the course attendance policy, the student is required to meet all of the academic course requirements and to complete all assignments and examinations. It is the student's responsibility to obtain the material and notes from missed classes. The student will be graded according to the criteria stated in the class syllabus.

Students should note that absences for non-disability related reasons will not be excused by the DRC and are only vetted through the professor of the course. When an attendance accommodation is determined to be reasonable, a DRC Access Consultant will work with the faculty to define the parameters of the accommodation. This does not mean a student may miss class whenever they like.

If a student finds that he or she is not doing well in the class due to extended absences, the student is urged to consider options such as dropping the class, withdrawing from the class or taking an incomplete.

Testing and Exam Proctor Forms:

Students with testing accommodations that will be testing at the DRC must work with professors at the beginning of each semester to complete an Exam Proctor Form as it provides the test proctor with information that is fundamental to the testing process, such as testing conditions, allotted time for tests, and the way in which tests are received at the DRC and delivered back to the professor.

In cases where professors do not have their test dates finalized by the first week of class, an Exam Proctor Form must still be completed and submitted. Changes or additional exam dates can be provided by the professor to the Testing Coordinator as long as it is provided a minimum of **one week before** the scheduled exam date. For more information or to view our forms, please visit drc.fiu.edu

Training

The DRC and Equal Opportunity Programs and Diversity (EOPD) will coordinate the provision of training to academic advisors and faculty members regarding best practices in accommodating students with disabilities.

STUDENT HEALTH SERVICES

Good health is essential to students' success while at the university and throughout their life. Therefore, Student Health Services (SHS) is committed to providing registered students with free or low-cost quality medical care, which will allow them to thrive both academically and personally. Our healthcare centers are located at both the Biscayne Bay (BBC) and Modesto A. Maidique (MMC) campuses to serve our students. The care offered has a strong focus on education and works with students on ways to adopt a healthier lifestyle.

Clinical Services include:

- Care for common illness and injuries
- Behavioral health/Psychiatry
- Dermatology
- Women's health/Gynecology
- Women's health services
- Pre-matriculation and preventive vaccines
- Preventive screenings, EKG's, and Laboratory testing (blood work, urine test, and cultures)
- After hours, holiday, and weekend nurse answer line. MMC (305) 348-2401 opt. 2; BBC (305) 919-5620 opt. 2.

Pharmacy services at MMC include*:

- Over-the-counter (OTC) products and prescription medications at competitive prices.
- Natural and organic products
- Individualized education and counseling on prescription medications and OTC products

*Although a full-service pharmacy is not available at BBC, pre-packaged medications are dispensed by practitioners at that location.

Other services

• Assist students with obtaining University-sponsored student health insurance plans to help offset the cost of services not covered under the health fee.

For more information about us and a complete list of services, visit our website at <u>http://studenthealth.fiu.edu</u>.

Location: Student Health Center (near the College of Law), Modesto A. Maidique Campus, (305) 348-2401 ext. 2; Health Care Center (HCC) Building located by parking lot 1-C, Biscayne Bay Campus.

HEALTH PROMOTION SERVICES

Health Promotion Services (HPS) focuses on developing Healthy Panthers through a variety of primary prevention programs offered by the Healthy Living and Health Compliance service units. The main goal for HPS is to engage students, educate them on healthier lifestyle choices and create on-campus experiences that foster healthy living.

The Healthy Living Program (HLP), offers a holistic and preventative approach to health by encouraging FIU students to engage in everyday healthy lifestyle practices! Our on-campus services and online education promote the 7 Dimensions of Wellness: physical, intellectual, occupational, emotional, social, spiritual, and environmental. Services and workshops are offered on a variety of topics such as: stress management, nutrition coaching, sleep hygiene, sexual health, aromatherapy, massage therapy, and acupuncture.

In addition, Health Compliance (HC) services assists students in navigating through the registration process by educating students on pre-matriculation health requirements such as mandatory vaccines and health insurance for international students.

For more information about all the services offered oncampus that assist with personal well-being please visit **go.fiu.edu/healthyliving.**

Location:. HPS MMC Locations: Healthy Living Program: Student Health Center Room 180, (305) 348-2401 ext. 5,

Health Compliance (Student Academic Success Center) (305) 348-2401 ext. 1

HPS BBC Location: Healthy Living Program and Health Compliance (Student Health Center building), (305) 919-5307.

STUDENT MEDIA

Student media at FIU include PatherNow Print, PantherNow, and The Roar radio.

PantherNow Print is an editorially independent publication produced by students and distributed at no cost. PantherNow keeps the University community informed about campus news, events and activities; serves as a forum for opinion and commentary concerning campus related topics; and protects the interests of the University community and its component parts. It is published on Wednesdays during the fall and spring terms, except during holiday breaks. It is also published seven times during the summer term. Students can work on the staff in news and features, photography, and/or advertising. No prior experience is required.

The Roar is FIU's radio station located at 88.1, 95.3 (MMC), and 96.9 (BBC) FM. Its programming is an eclectic mix of the latest music , FIU sports play-by-play, and news. Programming also includes daily specialty

shows that cover the music spectrum. The station operates 24 hours, seven days a week. The station provides a means for students to acquire experience in various disciplines related to the broadcast industry, including hands-on experience in a realistic, business-like setting encompassing teamwork and professional standards. Students can work in areas such as broadcasting, business, promotions, and/or engineering. Prior experience is not required.

PantherNow is a multi-media website that incorporates all of student media. Not only can you read about an event, but you can also listen and watch it with PantherNow's streaming video. The website is updated five days a week. PantherNow accepts advertising. Location: Panther Press, GC 210, Modesto A. Maidique Campus, (305) 348-2709; WUC 220, Biscayne Bay Campus, (305) 919-4722. WRGP The Roar, GC 319, Modesto A. Maidique Campus, (305) 348-3071; panthernow.com, GC 210, Modesto A. Maidique Campus.

HOUSING AND RESIDENTIAL LIFE

The Department of Housing and Residential Life provides on-campus housing for students on the Modesto A. Maidique Campus. We offer single-gender and genderinclusive accommodations. FIU does not offer family or married student housing. FIU student housing is designed to provide a comfortable living environment conducive to supporting students' academic success. The facilities are located within walking distance to classrooms, faculty offices, labs, recreation facilities, and other student services. Multiple room types provide a variety of accommodations to meet students' housing needs and budgets.

The campus residential community provides unique opportunities for personal growth and development, leadership experiences through student participation in programming and activities, and developing an appreciation of and sensitivity to differences. Residents have the opportunity to enjoy social and educational events that are sponsored by the Residence Hall Association and Resident Assistants.

On-campus housing rental rates include all utilities, wireless internet, cable television, and streaming channels. Each of the residence halls is staffed with both professional and paraprofessional personnel to ensure the facilities are safe and well maintained. For more information regarding services and accommodations, please visit our web page at <u>housing.fiu.edu/</u>.

On-campus housing is available for students taking classes at the Biscayne Bay Campus (BBC). Bayview is a privately-run residence hall at BBC. More information about Bayview is available at <u>www.bayviewfiu.com/</u>.

Location: Housing Office, University Park Towers (UPT) 121, Modesto A. Maidique Campus, (305) 348-4190, Fax: (305) 348-4295; e-mail: <u>housing@fiu.edu</u>.

MULTICULTURAL PROGRAMS AND SERVICES

Mission: Multicultural Programs and Services (MPAS) celebrates diversity and promotes inclusion by creating a campus community that encourages social responsibility, honors equality, and foster student success.

MPAS offers a wide variety of university and community-wide signature events and programs including a month-long MLK Commemorative Celebration, Mentorship Programs (SSS, LGBTQA, MMI), the Lavender Graduation Ceremony, Excellence Awards Program, Strengths Summit, Social Justice Summit, and the LGBTQA Pride Month activities. In addition, MPAS offers and monitors the following scholarships (fiu.academicworks.com): MPAS Scholars, Golden Drum, MLK Essay Awards, and the Out and Proud.

Location: GC 216, Modesto A. Maidique Campus (305) 348-2436 and WUC 253, Biscayne Bay Campus (305) 919-5817. Website: mpas.fiu.edu.

Social Justice - MPAS defines social justice as the redistribution of power and opportunity to create equity, diversity and civic engagement for marginalized groups in a supportive environment. Through a series of workshops, discussions and events, MPAS engages the FIU student body to critically think and act on social juice issues that are affecting them locally, nationally, and globally.

Student Support Services (SSS), a TRIO program, funded by the U.S. Department of Education is located at MPAS. The program provides opportunities for academic development, assistance with basic college requirements, and motivates students toward the successful completion of their bachelor's degree. The goal of SSSP is to increase the college retention and graduation rates of its participants who are low-income, first generation, and individuals with disabilities. To apply: go.fiu.edu/SSS

LGBTQA Initiatives provide programs and activities to meet the needs of Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Asexual, and Ally (LGBTQA) students at FIU. Programs are offered that create support, awareness, visibility, and education on issues relating to sexual orientation, gender identity, and gender expression. We S.A.V.E our students!

Male Mentoring Initiative (MMI) The goal of the program is to empower our students and foster personal/professional maturity through mentoring and meaningful interactions. We provide various services that addresses the many needs of our male student population while reaffirming masculinity in a positive way. MMI is open to all FIU students.

OFFICE OF THE OMBUDSPERSON

The Ombudsperson Office acts as an impartial and confidential forum to assist students who have encountered problems or conflicts at the University, particularly problems or concerns not adequately addressed through normal channels. This may include correcting processes or procedures that hinder resolving the issue or are causing an inordinate delay. The Ombudsperson may resolve problems through various methods, including, making inquiries or referrals to the appropriate university department for review. The Ombudsperson may be utilized in situations where all areas of appeal have been exhausted or proven unsuccessful. Location: GC 219, Modesto A. Maidique Campus, (305) 348-2797. E-mail: ombuds@fiu.edu

DEAN OF STUDENTS

The Dean of Students, in the Division of Academic & Student Affairs, creates a culture of care for students, their families, faculty and staff by providing proactive education, consultation, resources, and response to distressed students or students in crisis. Some students will face obstacles along the path toward their academic goals, such as personal distress, anxiety, depression, family emergencies, health issues and more. There are excellent support services on campus to assist students, with the purpose of getting them back on track toward their goals. The Dean of Students can assist students one-on-one by identifying the appropriate campus resources to best help them. Location: GC 219, Modesto A. Maidique Campus, (305) 348-2797. E-mail: dos@fiu.edu

ORIENTATION AND FAMILY PROGRAMS

The Office of Orientation and Family Programs supports the successful transition of new undergraduate students into Florida International University. Students are required to complete a two-part orientation process. Virtual Orientation is first and is accessed through a student's My.FIU.EDU account under "Admissions". This online tool highlights university policies, resources and departments and is available to students throughout their time at FIU.

After completion of the Virtual Orientation, Freshmen admitted for Early Fall and Fall are required to attend a two-day, on-campus orientation program (spring freshmen have a one-day program). During orientation students meet with advisors, register for classes, get their FIU OneCard (student ID), tour the campus and learn about the FIU community and resources. During this time, a concurrent orientation session is also available for families.

Transfer students also sign up for a half-day On-Campus Orientation to take care of business, meet with Academic Advisors and register for courses. Fully-Online students set up an appointment with their Academic Advisor through their Panther Success Network to complete their orientation process.

The office also coordinates other large-scale events. Panther Camp, an extended orientation program, allows new students to develop relationships with fellow students, FIU faculty, and staff, learn more about FIU traditions, resources, involvement opportunities, and much more. Parent and Family Day is an opportunity for parents and family members to continue their involvement with FIU and to reconnect with their students on campus by attending this spirited event in the fall semester.

Location: GC 189, Modesto A. Maidique Campus and WUC 129, Biscayne Bay Campus, (305) 348-6414. Web site: <u>orientation.fiu.edu</u>.

STUDENT CONDUCT AND CONFLICT RESOLUTION

Student Conduct and Conflict Resolution serves the FIU community by educating members about the Student Code of Conduct and the value of respecting others. Through the student conduct process, we hold students

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accountable for their behavior in a fair and developmental manner while upholding the rights of the community.

The Office of Student Conduct and Conflict Resolution:

- Holds students accountable for violations of the Student Code of Conduct by administering the student conduct process.
- Selects and trains the members of the Student Conduct Committee and hearing officers.
- Provides educational programs for faculty, staff, and students regarding the student conduct process; ethics and integrity; conflict resolution; and dealing with disruptive students in the classroom.
- Provides referrals to support resources to community members who may be victims of misconduct.
- Provides student conduct record background checks for various agencies e.g. federal agencies, Graduate Schools, Florida Bar Examiners.
- Manages admissions clearances: The University reserves the right to review the case of any student who has been involved in misconduct prior to admission to determine eligibility for admission.

Please refer to the Student Code of Conduct section in the FIU Student Handbook for more information regarding the student conduct process and procedure. To report a possible violation of the Code of Conduct or a Student of Concern, visit the SCCR website at <u>conduct.fiu.edu</u>. The Office of Student Conduct and Conflict Resolution is located in GC 311 at the Modesto A. Maidique Campus, (305) 348-3939.

Web site: conduct.fiu.edu.

UNIVERSITY CENTERS

The University Center on each campus provides vital services to students and the University community. The Graham University Center (GC) at Modesto A. Maidique Campus and the Wolfe University Center (WUC) at Biscayne Bay Campus are the focal points for the University community to meet and interact in an educational and vibrant environment. The Centers' staff coordinate the scheduling of space and assist with the production of student and university sponsored events.

As the hub of University life, these centers house the offices of Student Government Association (SGA); Campus Life; Student Programming Council (SPC); Council of Student Organizations (CSO); Student Organization Council (SOC); and Office of Sorority and Fraternity Life.

Graham Center

The Graham Center building has offices, retail stores, food outlets, academic classrooms and event venues. The offices that offer student support services are the Office of the Senior Vice President for Academic & Student Affairs, Ombudsperson Office, Campus Life, Center for Leadership and Service, Disability Resource Center, Multi-faith Council, Office of Multicultural Programs and Services, Office of Orientation and Family Programs, Counseling and Psychological Services Outreach, Student Conduct and Conflict Resolution, Student Media, Upward Bound and Pre-College Programs, and Women's Center. Panther Press student newspaper and The Roar student radio station (WRGP) keep offices and production rooms at the Graham Center. The Graham Center also offers the following services: event planning, audiovisual/multi-media support, state-ofthe-art computer labs, Lost and Found, ATMs, locker rentals, notary public service, vending machines, and Kaplan Test Preparation classes. Additionally, GC offers event facilities such as: meeting rooms, ballrooms, and auditoriums for lectures, banquets, receptions, and weddings. The 23-classroom wing -- located on the second floor and interconnecting with the Barnes & Noble café – has a large lounge ideal for individual and group studying. University community can enjoy entertainment and the arts by visiting the Student Art Gallery and Piano Lounge, and the Porter Davis Game Room.

The GC mini-mall offers a variety of food locations: The 8th Street Campus Kitchen serves breakfast, lunch and dinner in an all-you-care-to-eat style. Other offerings include Faculty Club, Recharge-U convenience store, Jamba Juice, Pollo Tropical, Subway, Burger King, Almazar, Sushi Maki, Bustelo Café and Sergio's Cuban Café & Grill. Other retail venues include: Barnes and Noble Bookstore (with Starbucks Café), Santi's Hair and Nail Salon, Golden Touch Haircuts & Shaves, Panther's Dry Cleaners, Panther TECH store and Ricoh@FIU (Copy Center, packing and shipping).

The administrative offices of the Graham Center are located in GC 1210, at the Modesto A. Maidique Campus, The main office number is (305) 348-2297 and the web site is grahamcenter.fiu.edu.

Wolfe University Center

The Wolfe University Center (WUC) is located at the heart of FIU's Biscayne Bay Campus. It is home to the 300-seat Mary Ann Wolfe Theater, houses a state-of-theart computer lounge, five large meeting rooms, and a multi-purpose ballroom. A multi-purpose dining and catering facility, the Wellness and Recreation Center, and several comfortable study lounges are also provided in the facility. A recent renovation to Panther Square, the Center's lobby and student programmatic space, creates a high-tech destination on campus where students can study, connect with others and host events.

The Center is also host to the Team Ropes Adventure Challenge (TRAC), one of the most complete and professional team-building training programs in South Florida. TRAC is an experiential education program that focuses on human development and group dynamics. Participants will learn new skills through a series of adventure-based activities that provide training in leadership, teambuilding development, communication, and problem solving skills.

Center tenants include Academic & Student Affairs departments for Disability Resource Center, Multicultural Programs and Services, Health Promotion Services and Counseling and Psychological Services. University support offices include the University Credit Union, the FIU One Card Office/Wells Fargo, Ricoh @ FIU (copy center, packing and shipping), vending machines, ATM, Lost and Found, Career and Talent Development, and International Student and Scholar Services. The administrative offices of the Wolfe University Center are located in WUC 325 at Biscayne Bay Campus, (305) 919-5800 and web site is wuc.fiu.edu.

The Barnes and Noble University Bookstore is located on the first floor at both University Centers.

Location: GC 2200, Modesto A. Maidique Campus, (305) 348-1506; WUC 130, Biscayne Bay Campus, (305) 919-5359.

WOMEN'S CENTER

The Women's Center at FIU provides numerous programs and services to support FIU students in their personal, academic, and professional development. The Women's Center collaborates and coordinates with other university departments and student organizations to meet the needs and enhance the lives of our diverse female population. While our programs and services focus on women, they are open to the entire community and include resource referrals, leadership, and volunteer opportunities. We educate and advocate for systemic changes that will improve the lives of everyone on campus.

Our curriculum includes the following programs:

- Sisterhood Retreat (Women's Empowerment Weekend)
- Women Who Lead Conference
- Workshops and Discussion Series (also available by request)
- National Love Your Body Day events
- International Day for the Elimination of Violence Against Women
- Sexual Assault Awareness Month events including Take Back the Night
- FIU Gender Equity Coalition (FIUGE) student organization
- National Organization for Women (NOW) student organization
- Generation Action student organization
- UN Women (USNC-UN Women) student organization

Location: GC 212, Modesto A. Maidique Campus, (305) 348-1506; WUC 353, Biscayne Bay Campus, (305) 919-5359.

Web site: women.fiu.edu.

COUNSELING AND PSYCHOLOGICAL SERVICES

Counseling and Psychological Services (CAPS) provides a variety of services and resources designed to help currently registered FIU students achieve and maintain optimum mental health. Therapists, utilizing a brief therapy approach, assist students in developing effective coping skills and decision-making abilities; developing effective communication skills; and identifying and managing daily stressors. All therapeutic services are confidential and may be utilized either in person or online, depending on the type of service desired.

CAPS services include:

- Web-based, self-help educational and interactive training modules to assist with stress, emotional distress, developing effective coping skills and more
- Web-based screenings for anxiety, depression, eating disorders, mood swings, and trauma
- TAOConnect, which is a therapy-assisted online program for a wide range of existing conditions
- Workshops that can help address anxiety, depression, and emotional and interpersonal distress
- In-person consultations to assess for substance abuse and eating disorders/body image issues

- Individual, group, and couples therapy for issues such as: anxiety, depression, stress, grief, and interpersonal and relationship problems
- Psychiatric services (only available in conjunction with CAPS counseling)
- Teletherapy and telepsychiatry appointments
- Crisis intervention
- Biofeedback
- Educational and Neuropsychological testing (additional fees apply)

For more information, visit us at caps.fiu.edu.

CAPS/ VEP Outreach Programming

Throughout the year, the staff at CAPS/VEP participates in campus-wide outreach activities designed to increase student awareness about mental health and services provided at the center. In addition, CAPS/VEP sponsors a series of workshops to enhance students' personal and academic skills, and collaborates with other University departments to co-sponsoring events to promote mental health and wellbeing.

CAPS/VEP outreach events are a great way to learn, have fun, and make new friends. For information on upcoming outreach events call 305-348-2277(MMC) or 305-919-5305(BBC).

Telephonic CAPS/VEP clinical support is available through the (305) 348-2277 after hours and on weekends and holidays.

Location: GC 211_Modesto A. Maidique Campus, (305) 348-CAPS (2277); WUC 320, Biscayne Bay Campus, (305) 919-5305.

Web site: caps.fiu.edu

Victim services may also be accessed through a 24-hour crisis hotline: (305) 348-2277. Web site: **vep.fiu.edu**

CAPS Victim Empowerment Program (VEP)

VEP services are free of charge and confidential.

VEP services include:

- Crisis Support and assistance in accessing community and University resources, and helping students understand the different options available to them during or after experiencing actual or threatened abuse or violence. This information is also available to students who may want resources for someone they know.
- Help with issues related to relationship abuse, sexual assault, stalking, assault and battery, homicide of friend or relative, hate crimes, harassment, and re-emergence of problems as a result of a past abuse such as childhood sexual abuse.

Other VEP services available (if desired by student):

- Safety planning
- Understanding and navigating the criminal justice system
- Assistance in making police reports (if desired)
- Petitioning the court for an injunction for protection ("restraining order")
- Finding legal assistance
- Finding emergency safe shelter

- Communicating with professors and/or other parties as requested by the victim
- Help with university administrative procedures
- Student conduct proceedings
- Escort to appointments, hearings, and medical facilities

Help with other solutions that may be necessary
Location/Contact: MMC Student Health Center (SCH)

Suite 270 - (305) 348-2277, and at BBC by appointment. After hours urgent help: 305-348-2277.

Additional information and resources available at vep.fiu.edu.

WELLNESS & RECREATION SERVICES

Recreational sports programs and fitness facilities are available for Florida International University students, faculty, staff and alumni through the Wellness and Recreation Centers at MMC and BBC. Funding for these services is primarily through student fees allocated by the FIU Student Government Association (SGA).

A variety of Intramural (IM) Sports are offered on each campus, including men's, women's and co-rec leagues in sports such as flag football, basketball, volleyball, softball and soccer, and tournaments for sports like racquetball, tennis, and table tennis. Individuals looking for a team are encouraged to register as "free agents". Registration for Intramural Sports can be initiated via the web on the Wellness and Recreation Center website (recreation.fiu.edu and bbcrec.fiu.edu) The newly remodeled 120,000+ square foot MMC

Wellness and Recreation Center (WRC) is equipped with state-of-the-art exercise and cardiovascular fitness equipment. In addition to free weights, the center provides resistance and selectorized equipment, steppers, upright and recumbent bicycles, treadmills, rowers, and ellipticals. Two basketball gyms, locker rooms and a Pro Shop are also available. The WRC is located west of the Student Health Services Complex near Parkview Hall.

Over 75 PantherFIT group fitness classes per week are scheduled in the WRC. Free group exercise classes are offered throughout the year including: Hardbodies, Pilates, Ultimate Abs, and Zumba®, as well as specialty classes such as Yoga, Group Cycling, and Capoeira. Fitness orientations, body composition evaluations, and personal training are also featured. Non-credit fitness workshops and American Heart Assoc. (AHA)/CPR/AED certifications are offered.

The Wellness and Recreation Center - BBC is located on the first floor of the Wolfe University Center (WUC), Room 160. The 70,000 square foot Center, includes an aquatic training facility, home to FIU's five-time Conference USA Women Swimming and Diving Champions. The WRC - BBC features 21 cardiovascular machines with a TV/Video Village, locker rooms and showers and state of the are LifeFitness selectorized, and Hammer Strength fitness equipment. Additionally, there is a Group Exercise aerobics studio with ballet bars. The WRC - BBC hosts Cardio vascular group exercise classes include Yoga, Hip Hop Dance, Belly Dancing, Body Sculpting, Dance Aerobics, Cross-Fit and Zumba®. Free massages are offered on Mondays. Additionally, the Wellness & Recreation - BBC offers Kayaking, Nighttime Kayaking and Stand-up Paddle Board excursions from our Outdoor X program. Make sure to stop in and participate

in our complimentary Bike Share program available to all of our student participants.

The two campuses offer other facilities for recreational use. The Tennis Centers on the BBC campus offers lighted courts, and tennis lessons are available. The BBC Aquatic Center and MMC Panther Hall Pool provide oncampus swimming opportunities. Student Learn To Swim Programs are available at the BBC Aquatic Center and we have the student club of the year, Poseidon's Panthers. Additionally, water polo classes, triathlon training and Masters Swimming classes are offered weekly at the BBC Aquatic Center. At MMC, students have free access to nearby Tamiami Pool during the week from noon-3:00pm. At MMC, the WRC houses two indoor racquetball courts and one squash court available on a reservation basis. A current, activated Panther OneCard ID is required for access to all recreation facilities and programs.

Other areas of interest include adventure recreation programs (offering outdoor experiential education trips in and out-of-state), sport clubs, the Lose It Weight Loss Program, and special events.

Both Wellness and Recreation offices provide student employment opportunities as sports officials, Membership Assistants, Facility Attendants, Building Supervisors, Lifeguards, group fitness instructors, and personal trainers. MMC is home to the FIU Bike Shop for repair services and retail sales.

Location:

Wellness and Recreation Center – MMC desks: (305) 348-2575 or 305-348-2951

Wellness and Recreation Center - BBC: (305) 919-5678

WRC – MMC Membership Desk: (305) 348-2951

MMC Panther Hall Pool: (305) 348-1895

BBC Aquatic Center: (305) 919-4549

IM Sports: (305) 348-1054 (MMC), (305) 919-4595 (BBC) Tennis Center: (305) 348-6327 (MMC), (305) 919-4595 (BBC)

MMC Racquetball reservations: (305) 348-2900 Bike Shop: (305) 348-4880

Web sites: recreation.fiu.edu and bbcrec.fiu.edu.

STUDENT FOOD PANTRY

The Student Food Pantry is available to all currently enrolled students located at both the Modesto A. Maidique Campus (MMC) and the Biscayne Bay Campus (BBC). The purpose of the pantries is to serve FIU students in need. No proof of need is required. Students can access the Pantry weekly taking up to 10 pounds of food each week. The BBC Student Food Pantry is located in WUC 353. The MMC Student Food Pantry is located in GC 319. Both Pantries are overseen by the Center for Leadership and Service. Food donations are supported by students, staff, faculty, student organizations, members of the community. Location: GC 319, Modesto A Maidique Campus, (305) 348-3204; WUC 353, Biscayne Bay Campus; (305) 919-5360. For more information please visit go.fiu.edu/studentfoodpantry.

VETERANS INFORMATION

The Office of Veteran and Military Affairs assists all veterans and their dependents who wish to receive VA educational benefits. The Office also provides personal counseling, fee deferments, tutorial assistance, and

workstudy jobs. The VA Office is located in "The Tower" at the center of the Modesto A. Maidique Campus; and in ACI100, Biscayne Bay Campus.

Veterans who are planning to attend the University should contact the Office of Veteran and Military Affairs two months prior to the anticipated date of entry. Such time is required to expedite the processing of paperwork for educational allowances from the Veterans Administration.

	Training Status
Full time	12 Credits
3/4 time	9 Credits
1/2 time	6 Credits
Less than 1/2 time	5 Credits

Rate of Payments/Number of Dependents

For rate of monthly payment of educational allowances for veterans and dependents, please contact the Office of Veteran and Military Affairs.

For additional information regarding other Veterans Educational Programs, contact the Office of Veteran and Military Affairs at "The Tower" on the Modesto A. Maidique Campus, (305) 348-2838